



Four Seasons Fred Whitton Challenge

Starting & Finishing at **Coniston** & including Ambleside, Kirkstone, Patterdale, Troutbeck (north), Keswick, Borrowdale, Honister, Buttermere, Newlands, Braithwaite, Whinlatter, Loweswater, Ennerdale Bridge, Gosforth, Eskdale & finishing with the Hardknott & Wrynose passes.

Ride the Fred Whitton Challenge 365 days a year

Please print out this form and fill it in carefully & legibly!

Name:

Address:

.....

.....

Postcode: Tel:

Club or affiliation (eg town):

Email:

Age: Date of Ride:

Male / Female (cross out appropriate)

Please include **all** the above details, and return it with a fee of **£5 per rider**, to cover the post and package costs for sending a loaned timing card and rider information leaflet to you.

We are now having to introduce a small charge for the service to cover post/package, and maintenance of electronic equipment, all surplus will go to Macmillan Cancer Support.

Please be careful with the timing card they cost £20 each to replace

Post this form along with your cheque (cheques to Fred Whitton Challenge) to the following address:
Paul Loftus, Greylags, Foxfield, Broughton-in-Furness, Cumbria LA20 6BX





All proceeds from the challenge go to good causes, and all sponsorship on this form will go to Macmillan Cancer Support. The challenge is in memory of Fred Whitton, the Lakes Road Club racing secretary for many years, as well as Lakes & Lancs Division road racing secretary, a first category rider and promoter of many road races. Sadly missed after dying of cancer age 50.



The challenge is to cycle 112 miles in the Lake District, including six of the hardest passes in the UK. The route starts & finishes in Coniston and includes Ambleside, Kirkstone Pass, Patterdale, Keswick, Honister Pass, Buttermere, Newlands Pass, Whinlatter Pass, Loweswater, Cold Fell, Eskdale and finally the Hardknott & Wrynose Passes.

Event name _____ Event date _____

Name _____ Date of Birth _____

Address _____

Postcode _____

Make your gift work harder

giftaid it

Do you pay tax? If so, by simply completing this form you can boost the value of your gift by 25p for every £1 without costing you a penny.

I am a UK taxpayer and I would like Macmillan Cancer Support to treat all donations I have made for the four years prior to this year and all donations I make in the future as Gift Aid donations until I notify you otherwise. I confirm I have paid or will pay an amount of Income Tax and/or Capital Gains Tax for each tax year (6 April to 5 April) that is at least equal to the amount of tax that all the charities or Community Amateur Sports Clubs (CASCs) that I donate to will reclaim on my gifts for that tax year. I understand that other taxes such as VAT and Council Tax do not qualify. I understand the charity will reclaim 25p of tax on every £1 that I give.

Your Gift Aid donation will NOT be valid unless your form is filled out correctly:

1. Complete details Individually NOT in the same handwriting.
2. Fill out your FULL NAME.
3. Fill out your Home Address.

Full name of sponsor	House number/name (home address not work)	Postcode		Amount paid	Date paid	Tick if you don't want to hear more about Macmillan
MR JOHN SAMPLE	89	SE1 7UQ	<input checked="" type="checkbox"/>	£10.00	xx/xx/xx	<input type="checkbox"/>
MISS JANE SMITH	HILL TOP HOUSE	EH2 3JD	<input checked="" type="checkbox"/>	£20.00	xx/xx/xx	<input type="checkbox"/>
			<input type="checkbox"/>	£		<input type="checkbox"/>
			<input type="checkbox"/>	£		<input type="checkbox"/>
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			<input type="checkbox"/>	£		<input type="checkbox"/>
			<input type="checkbox"/>	£		<input type="checkbox"/>
Sub total				£		

Macmillan Cancer Support and our trading companies would like to hold your details in order to contact you about our fundraising, campaigning and services for people affected by cancer. If you would prefer us not to use your details in this way please tick the box in the column on the far right next to your details.

www.macmillan.org.uk

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